Annex C

| Air Pollution Level | Colour Code / API | Health Advice to the Public |
|------------------------|----------------------|---|
| Severe | 201 - 500 | The general public will be advised to reduce physical exertion and outdoor activities. |
| Very High | 101 - 200 | Persons with existing heart or respiratory illnesses (such as coronary heart and cardiovascular diseases, asthma, chronic bronchitis and chronic obstructive airways diseases) will be advised to reduce physical exertion and outdoor activities. |
| High | 51 - 100 | No immediate response action will be suggested. Long-term effects may, however, be observed if exposed at this level persistently for months or years. |
| Medium | 26 - 50 | No response action will be required. |
| Low | 0 - 25 | No response action will be required. |

API Colour Codes and Health Advice

Environment Bureau

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